

Kansas City's Amazing Shatterproof Event



On June 9, Shatterproof hosted the Rise Up Against Addiction 5K Walk/Run at Arrowhead Stadium in Kansas City. Shatterproof is a national organization working to end the devastation of addiction.

For the second year in a row, families, friends and neighbors from across Kansas City came together to eliminate the stigma surrounding addiction and create a community of support for those impacted by the disease. Over 2,500 supporters and 152 teams honored lost loved ones, celebrated recovery journeys, and ran or walked a 5k to prove that no one suffers alone on this journey.

Many wore matching t-shirts to represent their teams, while others took photos near the Celebrate Recovery Wall to reflect on the path they, or a loved one, had taken to overcome their substance use disorder. Families visited the Memorial Gallery, reading stories of loved ones lost to

addiction and adding their own contributions. Many created special memorial lanyards and Why I Rise Up bibs to wear throughout the day. Supporters also visited the Shatterproof Community Village, which showcased substance use disorder resources from over 20 organizations, including the Missouri Recovery Network.

At 9 a.m., the opening ceremonies kicked off with our emcee, KMBC 9 News anchor Steven Albritton getting the crowd ready for the amazing speakers:

- Shannon Hartley, Shatterproof Chief Marketing Officer
- Senator Claire McCaskill
- Jenny Matthews, DJ for 99.3 FM
- Ryan Lilja, Honorary Chair, former Kansas City Chiefs center

The passionate Kansas City community raised over \$273,000, which will go a long way to support Shatterproof's work in advocating for changes in federal and state policy, as well as programming focused on saving lives and changing the conversation around substance use disorders.

Because of Kansas City the shame and secrecy will be removed for many families in the community impacted by addiction.

[Click here to learn more about Shatterproof.](#)

[Click here to learn more about the Rise Up Against Addiction Events.](#)

Written by Maggie Speckman, Shatterproof's Community Events Manager and Missouri Recovery Network Board Member

Harm Reduction Methods

If one thing's for sure about the idea to open a safe injection site in Philly, it's that the response has been massively conflicted. Over the last few months, people have debated the merits of the [comprehensive user engagement site proposal](#), and community meetings about it have been [rife with disagreement](#).

But the country's top doctor

has apparently decided he likes the idea.

U.S. Surgeon General Dr. Jerome Adams, appointed by President Trump, announced he supports the facilities on a national level. On Wednesday, he came out in support of various harm reduction measures to combat opioid addiction, including medication-assisted treatment, syringe exchange programs

and safe injection sites, [according to a report from Modern Healthcare](#).

To explain his support for these methods, which some find controversial, Adams cited their success in lowering opioid overdose deaths in other countries.

[To continue reading click here.](#)

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Reach Out to Your Legislators

To contact your State Legislators text your zip code to 520-200-2223 or [click here](#). Click on your legislator's name and you will find their contact information. Reach out now and begin educating about the services that helped you sustain and maintain your recovery.

Random Thoughts

Among the things you can give and still keep are your word, a smile and a grateful heart!

Community should be spelled "come in unity"

Consider the turtle.... the only time it makes progress is when it sticks its neck out!

Perseverance is very important to success! How else would two snails have made it to the ark?

People have a way of becoming what you encourage and Inspire them to be not what you nag them to be!!

Follow us on Facebook [here](#) and twitter @Recovery_MO

facebook

We are going to play a game really quick, a game of the imagination. I want you to do me a favor. I want you to picture two people in your head.

The first person I want you to think of dropped by your place to introduce themselves. They call or come by to see you every once in a while just to say hi and see how you are doing. They have even invited you over to their place for a tour and a cup of coffee.

The second person I want you to think of has never introduced themselves to you. They have never invited you to their place, never spoken to you. You may have heard about them and their organization, you might not have. Honestly,

you would not know them from Peter.

Now, imagine those two people come up to you and ask you to do them a favor. They have something that they really need done, and you have the ability to help them. Who are you going to be more likely to help, person 1 or person 2?

I am sure you know where I am going with this, don't you? Are you in contact with your state legislators? Have they toured your place? Have you ever introduced yourself to them over a cup of coffee and just talked with no ask?

If not, now is the perfect time to build a relationship with

your State Representative and Senator because the legislative session is over. This means your state legislators are in their home districts again.

What are you waiting for? Get on their calendar so you can come by and introduce yourself. Have them by your organization and show them around. Let them get to know you and why you do what you do, so they will be more receptive when you show up at their office or in front of the committee they are on asking them to do something for you.

Start connecting with your legislators, because the MRN Advocacy Day will be here before you know it!

Upcoming Trainings

Center Pointe Hospital
FALL CONFERENCE 2018
"Addiction is a Family Disease"

SAVE THE DATE
September 14, 2018
8:00 a.m. to 4:00 p.m.

Registration is not open at this time.

Upcoming Missouri Certified Peer Specialist Training locations and dates:

August 6-10 in Kirksville

September 17-21 in Kansas City

September 24-28 in Joplin

October 15-19 in Sikeston

October 22-26 in Springfield

November 5-9 in Jefferson City

[To register for one of the trainings click here.](#)

Upcoming Recovery Events

Recovery Day at Busch Stadium

September 15 at 12:05 PM
\$25 includes game and t-shirt

Order by August 30

For tickets or more information call Amber 314-583-4269 or email amber.cole@mcrsp.org

Springfield Overdose Awareness Day Summit and Cardinal game

August 31st

Free Opioid Summit at MSU starts at 8 AM [click here for info or to register](#)

Cardinal's game starts at 7 gates open at 6

Tickets are \$20 includes game, Cardinal's hat and event t-shirt. They must be

ordered by August 1st and are available at the Springfield Recovery Community Center or call 417-268-7489

Kansas City Recovery Day

August 1 at 11 AM

200 Benton

Raffles, Games for Kids, Rock Climbing Wall, Hot Dogs, Water, Popcorn and a whole lot more!

For more info call Bobbi Jo 913-706-2222

Overdose Awareness Day and Recovery Month

August 31st is International Overdose Awareness Day and September is National Recovery Month.

Historically, these are dates that have a lot of events around the country occurring and there is an opportunity to really get your community and local media to become more aware of what you and your organizations are doing.

International Overdose Awareness Day was starting in 2001 by Sally J Finn at The Salvation Army in St Kilda, Melbourne.

Since 2001, many community members as well as government and non-profit organizations have held events to raise awareness

and commemorate those who have been lost to drug overdose.

Since 2012, International Overdose Awareness Day has been coordinated by the not-for-profit Australian public health organization [Penington Institute](#).

If you are planning an event for Overdose Awareness Day this year you can register it [here](#).

Every September, SAMHSA sponsors Recovery Month to increase awareness and understanding of mental and substance use disorders and celebrate the people who recover. Recovery Month promotes the societal benefits of prevention, treatment and recovery for mental and substance use dis-

orders, celebrates people in recovery, lauds the contributions of treatment and service providers and promotes the message that recovery in all of its forms is possible. Recovery month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover. The [annual theme](#) this year is **Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community**.

To find out more about Recovery Month or to register your events, [visit the Recovery Month Page here](#).

Please send your events to dstoecker@morecovery.org so we can let people around the state know what you are plan-

The Missouri Recovery Network encourages recovery community center, recovery support groups/organizations, treatment/recovery providers, treatment court participants/alumni, etc. to plan local events to bring awareness to both Overdose Awareness Day and Recovery Month. MRN is offering mini-grants up to \$200 to assist with planning these community events. Please contact David Stoecker at dstoecker@morecovery.org for an application.

Multiple Pathways to Recovery Guide Released

Facing Addiction has recently released a new recovery guide. This guide has been developed to promote and explore the varied pathways of recovery. While comprehensive, this guide cannot possibly contain all avenues to recovery. This guide is a beginning, and is intended to show people there are many choices in recovery. Much remains to be done

nationwide to ensure recovery is available for all. This guide is an accessible resource for individuals, families, and treatment professionals seeking information by outlining and describing different pathways to recovery, sharing personal experiences of individuals who have found recovery in different ways, and demonstrating the diversity of recovery. It is important to emphasize the distinction between pathways to recovery and path-

ways of recovery. The definition of pathways of recovery is those practices, programs, rituals and customs people use to maintain and sustain recovery. In comparison pathways to recovery can range from crisis events like treatment, experience with the criminal justice system, or a personal or faith epiphany. [To view the multiple pathways to recovery guide click here](#).

**“When the past calls
let it go to
voicemail. Believe
me, it has nothing
new to say.”
Anonymous**

Real Voices Real Choices Conference Registration Open

Come join us to celebrate 10 years of breaking stigma and celebrating independence! The Real Voices Real Choices Conference is an exciting gathering of individuals who are consumers, youth, family members, friends, self advocates and persons in recovery who come together to learn about programs, service issues, opportunities and self advocacy. It's about fostering growth,

empowerment and finding the tools to be successful in the community. Hundreds of individuals gather for this very empowering and worthwhile conference. The conference will be held August 19 - 21, 2018 at Tan-Tar-A Resort and Conference Center in Osage Beach, Missouri.

Registration is very affordable

\$100 Single Registration includes one sleeping room for two nights, all conference mate-

rials, activities and 4 planned meals.

\$180 Double Registration includes **ONE SLEEPING ROOM TO SHARE** for two nights, all conference materials, activities and 4 planned meals. **\$160 Professional Registration** includes all conference materials, all conference activities and 4 planned meals. You are responsible for making your lodging arrangements.

[Click here to register!](#)

No one can go back and start a new beginning, but anyone can start today and make a new ending.

MRN

MISSOURI RECOVERY NETWORK
The Statewide Voice for Recovery
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CONTACT US AT:
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THE STATEWIDE
VOICE FOR RECOVERY

We are on the Web
WWW.MORECOVERY.ORG

One generation
plants the trees, the
next generation
gets to enjoy the
shade.

That is what advocacy is all about,
planting trees so
others may eventually
enjoy the shade
they offer.

The Recovery Leaders: Visible and Vocal section will feature someone in recovery from Missouri who is making an impact. If you know of someone who is in recovery that should be recognized for everything they are doing email:

dstoecker@morecovery.org



Missouri Recovery Network

Our Vision:

Eliminate barriers to recovery for all affected by substance use disorders.

Our Mission:

The Missouri Recovery Network strengthens and empowers the recovery community by creating hope, healing and sustainable change through support, education and advocacy.

Recovery Leaders: Visible and Vocal Advocacy In Action

Missouri Governor Michael Parson held a bill signing ceremony on Tuesday, June 26, 2018, for HB2010, at Mission Missouri in Sikeston, MO, a faith-based recovery program operated by MRN Board Member Jane Pfefferkorn. House Bill 2010 is the annual appropriations bill that funds the Department of Health and Senior Services and Department of Mental Health. Of specific interest in HB2010 was Section .110 of the bill that contained two new provisions of more than \$4 million to help fight substance use disorders and support recovery programs in Missouri. It includes \$1,279,189 to expand the use of peer specialists in emergency rooms across the state, and \$2,625,740 to continue to fund community and faith-based recovery supports statewide..

“Mission Missouri is a faith based recovery support agency from Sikeston that helps to combat the opioid epidemic. Thanks to Representative Holly Rehder and Senator Wallingford, the budget includes more than \$4 million in funding for opioid abuse solutions,” Governor Parson Tweeted about the event.

The line item for ATR fund-

ing started at \$3 million in former Governor Eric Greiten’s budget proposal. This amount stayed intact through the House budget committee process but was whittled down to \$2.65 million on the House floor. The Senate Appropriations Committee restored the amount to \$3 million, but the legislators ultimately funded the program at \$2.65 million after a conference committee between the House and Senate.

The Access to Recovery program has been funded in Missouri since 2004 when President George W. Bush launched the federal ATR program as part of his faith-based initiatives to combat substance abuse nationwide. Missouri was one of more than 30 states that received funding under the initiative to enlist the faith-based community to combat the drug epidemic. Missouri had continued to receive federal funding under this program since 2004, although funding was severely limited starting in 2010. Since 2010, funding was only provided to agencies in Kansas City, Joplin, Springfield and extreme southeast Missouri. The rest of Missouri, including St. Louis, was cut off from funding in 2010. (It’s no coincidence

that the “opioid epidemic” in St. Louis started spiraling out of control in 2011 with overdose deaths.) In April 2018, the federal ATR program expired and funding statewide came to an end. With the signing of HB2010, the ATR program will now be funded by the State of Missouri starting in Fiscal Year 2019, which starts July 1, 2018. This funding will also be available to agencies operating anywhere in the state once again.

Missouri State Representatives Holly Rehder (R-Sikeston) and DaRon McGee (D-Kansas City) were the main legislative backers of this funding included in HB2010 and played key roles in getting the original line-item in former Governor Greiten’s budget proposal this year. Other strong advocates included Senate Appropriations members Rob Schaaf (R-St. Joseph), David Sater (R-Cassville) and Kiki Curls (D-Kansas City). Several other House Budget Committee members played key roles as well.

<http://www.kfvs12.com/story/38505314/gov-parson-visits-southeast-mo>

Gregory D. Smith, JD, CRADC

Mission Gate Prison Ministry