

TEN REASONS TO FUND RECOVERY SUPPORT SERVICES



1 CRITICAL COMPONENT

"Recovery communities and recovery support services are a **critical component of ongoing care** for people in recovery, that include residential recovery homes, recovery community centers, education-based recovery support, recovery industries and recovery ministries."

Recovery Research Institute (2014)

2 SOLUTION-FOCUSED

"There is growing evidence that the central organizing construct guiding addiction treatment and the larger alcohol and other drug (AOD) problems arena is shifting from long-standing pathology and intervention paradigms toward a **solution-focused recovery paradigm**."

Journal of Groups in Addiction & Recovery (2012)

3 REDUCES RELAPSE

"Studies (on peer recovery supports) demonstrated **reduced relapse rates, increased treatment retention, improved relationships** with treatment providers and social supports, and **increased satisfaction** with the overall treatment experience."

Psychiatric Services (2014)

4 ENHANCES PERSONAL WELL-BEING

"In a study examining vet to vet peer support services, participation in peer support may **enhance personal well-being**, as measured by both recovery-oriented and more traditional clinical measures."

Psychiatric Services (2008)

5 REDUCES HOMELESSNESS

"Evidence suggests that a peer-supported community program focused on self-determination can have a **significant positive impact** on recovery from substance addictions & **homelessness**."

Occupational Therapy International (2008)

6 ENGAGES PEOPLE INTO CARE

"Recovery supports are effective at **engaging people into care**, especially those who have little recovery capital, and/or who otherwise would likely have little to no "access to recovery."

Addiction Treatment Quarterly (2010)

7 23 MILLION IN RECOVERY

"There are **23.5 million American adults** who are overcoming an involvement with drugs or alcohol that they once considered to be problematic."

Partnership for Drug Free Kids & OASAS (2012)

8 NEW RECOVERY IDENTITY

"A growing body of research suggests that the change from an addiction/user identity to a **recovery identity is a critical ingredient** in successful treatment."

Frontiers in Psychology (2015)

9 LONG-TERM RECOVERY

"Peers provide navigation and advocacy to underserved and vulnerable populations across the continuum of the recovery process, and their services **help individuals and families initiate and stabilize early recovery and sustain long-term recovery**."

Healing Hands (2011)

10 ROBUST RESEARCH

"There is a **robust body of research** on the value and effectiveness of peer supports for a number of chronic health conditions such as diabetes, cancer, obesity, HIV/AIDS and mental illness. This research has identified the value of services delivered by peers at the community level and the usefulness of a wide variety of social and other supports."

Faces & Voices of Recovery (2010)